

Appetizers

Dips and Spreads

Auntie's E-Z Crab Dip
Clam Dip
Crab Dip
Lomi Salmon Spread
Ono French Bread Spread
Pesto Hots
Queso Dip
Salsa Dip
Seven Layer Dip
Simple Salsa
Spinach Clam Dip
Spinach Dip
Taco Dip
Warm Bean Dip

Poke

Fish Poke
Garlicky Shrimp
Hawaiian-Style Aku Poke
Samoan Oka I'a (Raw Fish in Coconut Cream)
Spicy Tuna
Tangy Tako Pupu
Tofu Poke

Other

Baby Baked Manapua
"Brok Da Mouth" Soybeans
Buttery Ranch Pretzels
Coconut Tiger Shrimp Sticks
Chex Mix
Garlic Soybeans
Grandpa Francis' Char Siu
Konbu Dish
Little Smokies
Mexican Muffins
Mini Pigs in a Blanket
Pork Lettuce Wraps
Pupu Chicken
Spinach Roll
Stuffed Mushrooms
Stuffed Mushrooms II
Summer Rolls
Summer/Spring Roll Dipping Sauce

Beverages

Caffeine Fix Café Vienna Mix

Chocolate Mudslide
Lemonade
Orange Dream Smoothie
Orange Julie Drink
Mocha Coffee Mix
Mocha Frappuccino
Spiced Tea Mix
Strawberry Banana Smoothie
Strawberry Cooler
Tangerine Juice

Desserts and Sweets

Bars and Cookies

Almond Cookies
Apricot Bars
Chocolate Chip Cheesecake
Brownies
Chocolate Chip Cookies
Chocolate Macadamia Biscotti
Chocolate Peanut Butter Bars
Crunchy Jumble Cookies
Grandma Rose's Shortbread Cookies
Grandma's Carrot Bars
Heavenly Chocolate Chip Cookies
Lemon Bars
Lemon Squares
Neiman Marcus Cookies
Ono Chocolate Chip Cookies
Ribbon Cookies
Russian Tea Cookies

Cakes and Frostings

Apple Cake
Auntie Leona's Tomato Sauce Cake
Banana Chocolate Chip Cupcakes
Broke-da-Mouth Cornbread Cake
Butter Pound Cake
Caramel Apple Cake
Chantilly Cake Frosting
Creamsicle Cake
Easy Prune Cake
Fijian Honey Cake
Five Minute Chocolate Mug Cake
Fresh Apple Pecan Cake
Grandma's Yummy Pound

Cake

Hawaiian Delight Cake
Ice Cream Cake
Lemon Supreme Cake
Ono Maui Style Carrot Cake with Cream Cheese Frosting
Onolicious Pineapple Carrot Cake
Pineapple Upside Down Cake
Red Velvet Cupcakes
Rum Cake
Strawberry Delight Cake
Triple Chocolate Cake

Mochi

Blueberry Mochi
Baked Tsubushian Mochi
Butter Mochi
Good Luck Mochi
Okinawa Dango
Poi Puffs
Pumpkin Mochi

Pies

Apple Crisp
Apple Crisp II
Cherry Dessert
Easy Banana Cream Pie
Mango Squares
Pecan Dessert
Pretzel Jello
Pumpkin Crunch
Ritz Pie

Other Desserts

Almond Float
Auntie Ellen's Guava Jello
Banana Pudding
Goodie Goodie
Haupia
Ice Cream Jello Mold
King's Bakery Bread Pudding
Mini Oreo Cheesecake
Onolicious Oreo Truffles

Healthy and Hearty

Main Dishes

Ahi Dijon
Chicken with Apricot Sauce
Fun Fish Packages
Grilled Spiced Salmon
Healthy Salmon Loaf

`Ono Green Chile Bean Burgers
with Cilantro Sauce
`Ono Turkey Burgers
Tofu Burgers
Tofu Enchiladas

Side Dishes

Cold Tofu with Ginger
Fast Grilled Veggies
Low-Fat Mexicali Dip
Roasted Cauliflower
Steamed Baby Bok Choy

Snacks

Acai Bowl
Apple and Walnut Salad
Energy Bars
Hearty Oatcakes
Low-Fat Bran Flaxseed Muffins

Main Dishes

Beef

Baked Spaghetti
Barbequed Short Ribs
Beanie Weenies
Beef Broccoli
Beef Tomato
Broke-da-Mouth Tender Beef
Short Ribs
Cheesy Chili-Mac
Chili
Chinese Beef Stew
Easy and Delicious Pot Roast
Easy Lasagna
EZ Corned Beef Hash Patties
Grammi's Spaghetti
Hamburger Baked Beans
Hamburger Casserole
Lazy Day Pot Roast
Momz Famous Pot Roast
Rolled Steak
Shepherd's Pie
Steak and Penne Pasta
Swiss Steak
Uncle Clayton's Western-Style
Chili

Pork

Adobo
Aunt Noho's Stir Fry Pork
with Green Onions

Hopfe's Crock Pot Lau Lau
Kalua Pork
Mom's Nishime
`Ono Crock Pot Kalua Pork
Ozaki Onolicious Ribs
Pastele Stew
Pork Adobo
Pork Chop Casserole
Pork Guisantes
Pork Squash
Pork Tofu
Spam Tofu
Spareribs and Sauerkraut
Steamed Pork and Egg
Szechuan Baby Back Ribs
(Roy's Restaurant)

Poultry

Baked Chicken Dijon
Barbequed Chicken Wings
Chicken Adobo
Chicken Alice's Wings
Chicken and Asparagus with
Black Bean Sauce
Chicken and Broccoli Alfredo
Chicken Broccoli Casserole
Chicken Fricassee
Chicken Hekka
Chicken in White Wine
Crock Pot Chicken Lau Lau
Curried Chicken Spaghetti
Easy Oven Fried Spicy Chicken
Guava Chicken
Henry's on the Grill Chicken
Kim Chee Chicken
Miso Chicken
Mochi Chicken
Mochiko Chicken
Oven-Baked Chicken
Pancake Fried Chicken
Shoyu Chicken
Simple Shoyu Chicken
Tahitian Chicken
Turkey Patties

Seafood

Baked Salmon
Baked Salmon with Sweet Thai
Chili Butter Sauce
Carry Along Shrimp
Dana's Furikake Salmon
Easy BBQ Shrimp

Easy Shrimp Curry
Fish Baked in Black Bean
Sauce
Macadamia Nut Crusted
Mahimahi
Miso Shrimp
Seafood Special
Shrimp and Mushroom Saute
Shrimp Curry
Timbo's Favorite Salmon
Dinner
Winner Wasabi Salmon

Oodles of Noodles, Pasta and Rice

Noodles and Pasta

Easy Fried Noodles
Mac Nut Pesto Pasta with Sun
Dried Tomatoes
Somen Noodles
Taegu Noodles

Rice

Broiled Sushi
Edamame Rice
Grandpa's Fried Rice
Green Rice
Kurome Bara Sushi
Pan Sushi
Puerto Rican Spanish Rice
Spam Musubi
Spicy Ahi/Tobiko Sushi, Hand
Roll Style
Temaki California Roll

Preserves and Pickles

Jams, Jellies, and Butters

Lilikoi Butter
Lilikoi Jelly

Pickles

Pickled Mango
Takuan

Preserves

Apricot Prune Mui
Breezer's Mango Chutney
Prune Mui

Rise and Shine

Breads

Banana Bread
Banana Date Bread
Banana Nut Bread
Blueberry Pancakes
Blueberry Scones
Cheese Biscuits
Cornbread
French Toast
IHOP Pancakes

Mama R's Cornbread
Mango Bread
Pumpkin Bread

Meat and Eggs

Basic Cheese Omelet
Breakfast Casserole
Breakfast Pie
Breakfast Sausage Roll
Easy Country Ham Breakfast
Impossible Cheese Pie

Soups, Salads and Sides

Soups

Chicken Gumbo Soup
Corn Chowder
Corn Chowder II
Cream of Broccoli Soup
Crock Pot Taco Soup
Ham Shank Soup
Hearty Barley Soup
Italian Wedding Soup
Lasagna Soup
Maori Watercress Soup
Mock Birdnest Soup
Portuguese Bean Soup

Salads

Alma's Salad Dressing
Cabbage Ramen Salad
Chinese Chicken Salad
Curry Chicken Salad
Easy Caesar Salad
Easy Taco Salad
Layered Chicken Salad
Opai Salad
Papa Stevens Potato Salad
Pasta Salad
Pasta Salad II

Spinach Salad

Strawberry Spinach Salad
Strawberry Spinach Salad II
Tofu Salad
Tutu Joanna's Cabbage Cole
Slaw

Side Dishes

Baked Beans
Sweet Potato Casserole
Sweet Potato Casserole II
Twice-Baked Potatoes
Uncle C.W.'s Heavenly Mac &
Cheese

User Friendly for the College Bound

Savory

Broiled English Muffins
Burrito Bake
Easy Shoyu Chicken
End of Semester Chicken and
Rice
Microwave Mini Pizzas
Party Guacamole
Peanutty Chicken Wraps
Poor College Quesadilla
Poor Man's Pie
Pork Chops in a Crock Pot
Quick and Easy Char Siu
Chicken
Salsa Sauce
Shoyu Chicken in a Crock Pot
Snow Peas a la Ramen
Souped-Up Ramen Noodles
Study Break Nachos

Sweet

Aunty Shanti's Strawberries
Cocoa and Toast
Microwave Mochi
Quick and Easy Malasadas
Quick Fix Chocolate Pudding
Refreshing Waldorf Salad